

1. Bereken de volgende onbepaalde integralen (een substitutie is aangewezen):

a) $\int \sin(3x-4) dx = \frac{1}{3} \int \sin(3x-4) d(3x-4) = -\frac{1}{3} \cos(3x-4) + C$

b) $\int e^{2x-3} dx = \frac{1}{2} \int e^{2x-3} d(2x-3) = \frac{1}{2} e^{2x-3} + C$

c) $\int \tan x dx = \int \frac{\sin x}{\cos x} dx = - \int \frac{d(\cos x)}{\cos x} = -\ln|\cos x| + C$

d) $\int \frac{1}{\sqrt[5]{4x-7}} dx = \frac{1}{4} \int (4x-7)^{-\frac{1}{5}} d(4x-7) = \frac{1}{4} \frac{(4x-7)^{\frac{4}{5}}}{4/5} + C = \frac{5}{16} \sqrt[5]{(4x-7)^4} + C$

e) $\int x(4x^2-2)^7 dx = \frac{1}{8} \int t^7 dt = \frac{1}{8} \frac{t^8}{8} + C = \frac{(4x^2-2)^8}{64} + C$

Stel $4x^2-2=t \Rightarrow 8x dx = dt \Rightarrow x dx = \frac{dt}{8}$

f) $\int \frac{\ln x}{x} dx = \int t dt = \frac{t^2}{2} + C = \frac{(\ln x)^2}{2} + C$

Stel $\ln x = t \Rightarrow \frac{dx}{x} = dt$

g) $\int \frac{dx}{x \ln x} = \int \frac{dt}{t} = \ln|t| + C = \ln|\ln(x)| + C$

Stel $\ln x = t \Rightarrow \frac{dx}{x} = dt$

h) $\int \frac{3x^2-1}{\sqrt[4]{x^3-x+3}} dx = \int \frac{dt}{\sqrt[4]{t}} = \int t^{-\frac{1}{4}} dt = \frac{t^{\frac{3}{4}}}{3/4} + C = \frac{4}{3} \sqrt[4]{(x^3-x+3)^3} + C$

Stel $x^3-x+1=t \Rightarrow (3x^2-1)dx=dt$

i) $\int \sin^4 x \cos x dx = \int t^4 dt = \frac{t^5}{5} + C = \frac{\sin^5 x}{5} + C$

Stel $\sin x = t \Rightarrow \cos x dx = dt$

j) $\int \frac{x^3}{\sin^2(x^4)} dx = \frac{1}{4} \int \frac{dt}{\sin^2 t} = -\frac{\cot t}{4} + C = -\frac{\cot(x^4)}{4} + C$

Stel $x^4=t \Rightarrow 4x^3 dx = dt \Rightarrow x^3 dx = \frac{dt}{4}$

k) $\int \frac{x-3}{x^2+1} dx = \int \frac{x}{x^2+1} dx - 3 \int \frac{dx}{x^2+1} = \frac{1}{2} \ln(x^2+1) - 3 \operatorname{Bgtan} x + C$

Stel $x^2+1=t \Rightarrow 2x dx = dt$. Dan is $\int \frac{x}{x^2+1} dx = \frac{1}{2} \int \frac{dt}{t} = \frac{1}{2} \ln|t| + C = \frac{1}{2} \ln(x^2+1) + C$

$$\text{I) } \int \frac{4x}{\sqrt{1-x^2}} dx = -2 \int \frac{dt}{\sqrt{t}} = -2 \int t^{-\frac{1}{2}} dt = -2 \frac{t^{\frac{1}{2}}}{1/2} + C = -4\sqrt{t} + C = -4\sqrt{1-x^2} + C$$

Stel $1-x^2 = t \Rightarrow -2x dx = dt$

$$\text{m) } \int \frac{4x}{\sqrt{1-x^4}} dx = 2 \int \frac{dt}{\sqrt{1-t^2}} = 2 \operatorname{Bgsin} t + C = 2 \operatorname{Bgsin} x^2 + C$$

Stel $x^2 = t \Rightarrow 2x dx = dt$

$$\text{n) } \int \cos^3 x dx = \int (1-\sin^2 x) \cos x dx = \int \cos x dx - \int \sin^2 x \cos x dx = \sin x - \frac{\sin^3 x}{3} + C$$

Stel $\sin x = t \Rightarrow \cos x dx = dt$. Dan is $\int \sin^2 x \cos x dx = \int t^2 dt = \frac{t^3}{3} + C = \frac{\sin^3 x}{3} + C$

$$\text{o) } \int \frac{\operatorname{Bgsin} x}{\sqrt{1-x^2}} dx = \int t dt = \frac{t^2}{2} + C = \frac{(\operatorname{Bgsin} x)^2}{2} + C$$

Stel $\operatorname{Bgsin} x = t \Rightarrow \frac{dx}{\sqrt{1-x^2}} = dt$

$$\text{p) } \int \frac{\tan(\ln(\sqrt{x}))}{x} dx = 2 \int \tan t dt \stackrel{\text{[oef c]}}{=} -2 \ln|\cos t| + C = -2 \ln|\cos(\ln(\sqrt{x}))| + C$$

Stel $\ln(\sqrt{x}) = \frac{1}{2} \ln x = t \Rightarrow \frac{1}{2} \cdot \frac{dx}{x} = dt$

$$\text{q) } \int \frac{\cos 2x}{\sin^2 x \cos^2 x} dx = 4 \int \frac{\cos 2x}{\sin^2 2x} dx = 2 \int \frac{dt}{t^2} = -\frac{2}{t} + C = -\frac{2}{\sin 2x} + C$$

Stel $\sin 2x = t \Rightarrow 2 \cos 2x dx = dt$ (merk ook op dat $\sin 2x = 2 \sin x \cos x \Rightarrow \sin^2 2x = 4 \sin^2 x \cos^2 x$)

$$\text{r) } \int \frac{x \cdot e^{\sqrt{1-x^2}}}{\sqrt{1-x^2}} dx = - \int e^t dt = -e^t + C = -e^{\sqrt{1-x^2}} + C$$

Stel $\sqrt{1-x^2} = t \Rightarrow \frac{-x}{\sqrt{1-x^2}} dx = dt$

$$\text{s) } \int \frac{\sin 2x}{(2+\sin x)^2} dx = \int \frac{2 \sin x \cos x}{(2+\sin x)^2} dx = \int \frac{2(t-2)}{t^2} dt = 2 \int \frac{dt}{t} - 4 \int \frac{dt}{t^2} = 2 \ln|t| + \frac{4}{t} + C = \dots$$

Stel $2+\sin x = t \Rightarrow \cos x dx = dt$ (en $\sin x = t-2$)

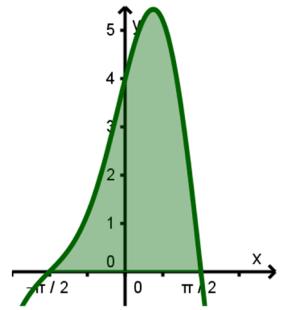
$$\dots = 2 \ln(2+\sin x) + \frac{4}{2+\sin x} + C$$

$$\text{t) } \int \frac{dx}{e^x + e^{-x}} = \int \frac{dx}{e^x + e^{-x}} \cdot \frac{e^x}{e^x} = \int \frac{e^x}{(e^x)^2 + 1} dx = \int \frac{dt}{t^2 + 1} = \operatorname{Bgtan}(e^x) + C$$

Stel $e^x = t \Rightarrow e^x dx = dt$

2. Op de grafiek zie je dat de functie $f(x) = (2 + \sin x)^2 \cdot \cos x$ positief is in het interval $\left[-\frac{\pi}{2}, \frac{\pi}{2}\right]$. Bereken in dat interval de oppervlakte onder de kromme.

$$S = \int_{-\pi/2}^{\pi/2} (2 + \sin x)^2 \cdot \cos x \, dx = \int_1^3 t^2 dt = \frac{1}{3} [t^3]_1^3 = \frac{1}{3} (3^3 - 1^3) = \frac{26}{3}$$



Stel $2 + \sin x = t \Rightarrow \cos x \, dx = dt$ $x = \pi/2 \Rightarrow t = 3$ en $x = -\pi/2 \Rightarrow t = 1$

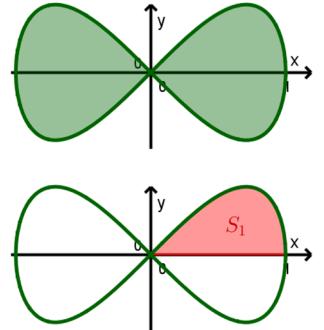
3. Je ziet de grafiek getekend van de kromme $K \leftrightarrow y^2 = x^2 - x^4$.

Bereken de oppervlakte van het gebied dat deze kromme omsluit.

De kromme bestaat uit twee functies: $y = x\sqrt{1-x^2}$ en $y = -x\sqrt{1-x^2}$.

De oppervlakte kan berekend worden door vier keer de in rood aangeduide oppervlakte S_1 te berekenen. We vinden:

$$S = 4S_1 = 4 \int_0^1 x\sqrt{1-x^2} \, dx = -2 \int_1^0 \sqrt{t} \, dt = -2 \left[\frac{t^{\frac{3}{2}}}{\frac{3}{2}} \right]_1^0 = -\frac{4}{3} [t^{\frac{3}{2}}]_1^0 = -\frac{4}{3}(0-1) = \frac{4}{3}$$



Stel $1-x^2 = t \Rightarrow -2x \, dx = dt$ $x=1 \Rightarrow t=0$ en $x=0 \Rightarrow t=1$

4. Bereken de volgende onbepaalde integralen (partiële integratie is aangewezen):

a) $\int Bg\sin^2 2x \, dx \stackrel{[1]}{=} x \cdot Bg\sin^2 2x - 4 \int \frac{x \cdot Bg\sin 2x}{\sqrt{1-4x^2}} \, dx \stackrel{[2]}{=} x \cdot Bg\sin^2 2x + Bg\sin 2x \cdot \sqrt{1-4x^2} - \int 2 \, dx = \dots$

1) $u = Bg\sin^2 2x \Rightarrow du = \frac{4Bg\sin 2x}{\sqrt{1-4x^2}} \, dx$ en $dv = dx \Rightarrow v = x$

2) $u = Bg\sin 2x \Rightarrow du = \frac{2}{\sqrt{1-4x^2}} \, dx$ en $dv = \frac{x \, dx}{\sqrt{1-4x^2}} \Rightarrow v = \int \frac{x \, dx}{\sqrt{1-4x^2}} \stackrel{*}{=} -\frac{1}{4} \sqrt{1-4x^2}$

$*: 1-4x^2 = t \Rightarrow -8x \, dx = dt$, zodat $\int \frac{x \, dx}{\sqrt{1-4x^2}} = -\frac{1}{8} \int \frac{dt}{\sqrt{t}} = -\frac{1}{8} \cdot \frac{\sqrt{t}}{1/2} = -\frac{1}{4} \sqrt{1-4x^2}$

$$\dots = x \cdot Bg\sin^2 2x + Bg\sin 2x \cdot \sqrt{1-4x^2} - 2x + C$$

b) $\int (x^2 - x + 1) \sin x \, dx \stackrel{[1]}{=} -(x^2 - x + 1) \cos x + \int (2x - 1) \cos x \, dx = \dots$

1) $u = x^2 - x + 1 \Rightarrow du = (2x - 1) \, dx$ en $dv = \sin x \, dx \Rightarrow v = -\cos x$

$$\dots \stackrel{[2]}{=} -(x^2 - x + 1) \cos x + (2x - 1) \sin x - \int 2 \sin x \, dx = -(x^2 - x + 1) \cos x + (2x - 1) \sin x + 2 \cos x + C = \dots$$

2) $u = 2x - 1 \Rightarrow du = 2 \, dx$ en $dv = \cos x \, dx \Rightarrow v = \sin x$

$$\dots = (-x^2 + x + 1) \cos x + (2x - 1) \sin x + C$$

$$c) \int x \cdot \operatorname{Bgtan} x \, dx = \frac{\square}{2} \cdot \operatorname{Bgtan} x - \frac{1}{2} \int \frac{x^2}{1+x^2} \, dx = \frac{\square}{2} \cdot \operatorname{Bgtan} x + \frac{1}{2} \cdot \operatorname{Bgtan} x - \frac{x}{2} + C$$

$$1) u = \operatorname{Bgtan} x \Rightarrow du = \frac{dx}{1+x^2} \quad \text{en} \quad dv = x \, dx \Rightarrow v = \frac{x^2}{2}$$

$$2) \int \frac{x^2}{1+x^2} \, dx = \int \frac{1+x^2-1}{1+x^2} \, dx = \int dx - \int \frac{dx}{1+x^2} = x - \operatorname{Bgtan} x + C$$

$$d) I = \int e^{-x} \sin x \, dx = \stackrel{[1]}{-e^{-x} \cos x} - \int e^{-x} \cos x \, dx = \stackrel{[2]}{-e^{-x} \cos x} - e^{-x} \sin x - \int e^{-x} \sin x \, dx$$

$$1) u = e^{-x} \Rightarrow du = -e^{-x} dx \quad \text{en} \quad dv = \sin x \, dx \Rightarrow v = -\cos x$$

$$2) u = e^{-x} \Rightarrow du = -e^{-x} dx \quad \text{en} \quad dv = \cos x \, dx \Rightarrow v = \sin x$$

$$\Leftrightarrow 2I = -e^{-x} \cos x - e^{-x} \sin x + C \Leftrightarrow I = -\frac{1}{2} e^{-x} \cos x - \frac{1}{2} e^{-x} \sin x + C$$

$$e) \int \ln(4+x^2) \, dx = \stackrel{[1]}{x \cdot \ln(4+x^2)} - 2 \int \frac{x^2}{4+x^2} \, dx = x \cdot \ln(4+x^2) - 2x + 4 \operatorname{Bgtan} \frac{x}{2} + C$$

$$1) u = \ln(4+x^2) \Rightarrow du = \frac{2x \, dx}{4+x^2} \quad \text{en} \quad dv = dx \Rightarrow v = x$$

$$2) \int \frac{x^2}{4+x^2} \, dx = \int \frac{4+x^2-4}{4+x^2} \, dx = \int dx - 4 \int \frac{dx}{4+x^2} = x - 2 \operatorname{Bgtan} \frac{x}{2} + C$$

$$f) \int e^{\sin x} \cos^3 x \, dx = \int e^{\sin x} (1 - \sin^2 x) \cos x \, dx = \stackrel{[1]}{\int (1-t^2) e^t \, dt} - \stackrel{[2]}{(1-t^2) e^t} + 2 \int t e^t \, dt = \dots$$

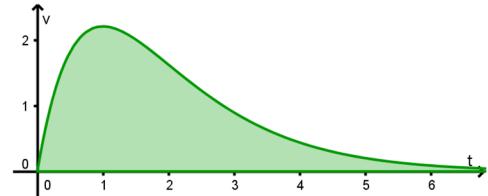
$$1) \text{stel } t = \sin x \Rightarrow dt = \cos x \, dx$$

$$3) u = t \Rightarrow du = dt \quad \text{en} \quad dv = e^t \, dt \Rightarrow v = e^t$$

$$2) u = 1-t^2 \Rightarrow du = -2t \, dt \quad \text{en} \quad dv = e^t \, dt \Rightarrow v = e^t$$

$$\dots \stackrel{[3]}{=} (1-t^2) e^t + 2t e^t - 2 \int e^t \, dt + C = (1-t^2) e^t + 2t e^t - 2e^t + C = e^{\sin x} (-\sin^2 x + 2 \sin x - 1) + C$$

5. Een fiets rijdt lek op tijdspunt $t=0$. De snelheid waarmee de fietsband lucht verliest wordt gegeven door de functie $v(t) = 6te^{-t}$, met t in minuten en v in liter per minuut.



- a) ★★ Hoeveel lucht is de band al verloren na 3 minuten?

$$L = \int_0^3 v(t) \, dt = \int_0^3 6te^{-t} \, dt \stackrel{\otimes}{=} -6 \left[e^{-t} (t+1) \right]_0^3 = -24e^{-3} + 6 \approx 4,80511 \quad (\text{dus ongeveer 4,80 liter lucht})$$

$$\otimes: \int 6te^{-t} \, dt = -6te^{-t} + 6 \int e^{-t} \, dt = -6te^{-t} - 6e^{-t} + C = -6e^{-t}(t+1) + C$$

- b) ★★★ Toon aan dat er in totaal 6 liter lucht in de band zit.

$$L_\infty = \int_0^{+\infty} v(t) \, dt = \lim_{k \rightarrow +\infty} \int_0^k 6te^{-t} \, dt \stackrel{\otimes}{=} \lim_{k \rightarrow +\infty} \left(-6 \left[e^{-t} (t+1) \right]_0^k \right) = \lim_{k \rightarrow +\infty} \left(-6e^{-k}(k+1) + 6 \right) \stackrel{\boxtimes}{=} 0 + 6 = 6 \quad \square$$

$$\boxtimes: \lim_{k \rightarrow +\infty} (e^{-k}(k+1)) = \lim_{k \rightarrow +\infty} \frac{k+1}{e^k} \stackrel{\text{H}}{=} \lim_{k \rightarrow +\infty} \frac{1}{e^k} = \frac{1}{+\infty} = 0$$

6. Bereken de volgende onbepaalde integralen:

$$\text{a) } \int \frac{x}{9x^2 + 6x + 5} dx = \int \frac{\frac{1}{18}(18x+6)-\frac{1}{3}}{9x^2 + 6x + 5} dx = \frac{1}{18} \int \frac{d(9x^2 + 6x + 5)}{9x^2 + 6x + 5} - \frac{1}{9} \int \frac{d(3x+1)}{(3x+1)^2 + 4}$$

$$= \frac{1}{18} \ln|9x^2 + 6x + 5| - \frac{1}{18} \operatorname{Bgtan} \frac{3x+1}{2} + C$$

$$\text{b) } \int \frac{2x+1}{\sqrt{9+16x-4x^2}} dx = \int \frac{-\frac{1}{4}(16-8x)+5}{\sqrt{9+16x-4x^2}} dx = -\frac{1}{4} \int \frac{d(9+16x-4x^2)}{\sqrt{9+16x-4x^2}} + \frac{5}{2} \int \frac{d(2x-4)}{\sqrt{25-(2x-4)^2}}$$

$$= -\frac{1}{2} \sqrt{9+16x-4x^2} + \frac{5}{2} \operatorname{Bgsin} \frac{2x-4}{5} + C$$

$$\text{c) } \int \frac{3x+2}{x^3+x^2-2} dx \stackrel{\text{SIP}}{=} \int \frac{1}{x-1} dx - \int \frac{x}{x^2+2x+2} dx = \ln|x-1| - \frac{1}{2} \ln|x^2+2x+2| + \operatorname{Bgtan}(x+1) + C$$

$$\frac{3x+2}{x^3+x^2-2} = \frac{A}{x-1} + \frac{Bx+C}{x^2+2x+2} = \frac{A(x^2+2x+2)+(Bx+C)(x-1)}{(x-1)(x^2+2x+2)} = \frac{(A+B)x^2+(2A-B+C)x+2A-C}{(x-1)(x^2+2x+2)}$$

$$\Leftrightarrow \begin{cases} A+B=0 \\ 2A-B+C=3 \\ 2A-C=2 \end{cases} \Leftrightarrow \begin{cases} A=1 \\ B=-1 \\ C=0 \end{cases} \Rightarrow \boxed{\frac{3x+2}{x^3+x^2-2} = \frac{1}{x-1} - \frac{x}{x^2+2x+2}}$$

$$\int \frac{x}{x^2+2x+2} dx = \int \frac{\frac{1}{2}(2x+2)-1}{x^2+2x+2} dx = \frac{1}{2} \int \frac{d(x^2+2x+2)}{x^2+2x+2} - \int \frac{d(x+1)}{(x+1)^2+1} = \frac{1}{2} \ln|x^2+2x+2| - \operatorname{Bgtan}(x+1)$$

$$\text{d) } \int \frac{dx}{x^3+8} = \frac{1}{12} \int \frac{dx}{x+2} + \frac{1}{12} \int \frac{-x+4}{x^2-2x+4} dx = \frac{1}{12} \ln|x+2| - \frac{1}{24} \ln|x^2-2x+4| + \frac{\sqrt{3}}{12} \operatorname{Bgtan} \frac{x-1}{\sqrt{3}} + C$$

$$\frac{1}{x^3+8} = \frac{A}{x+2} + \frac{Bx+C}{x^2-2x+4} = \frac{A(x^2-2x+4)+(Bx+C)(x+2)}{(x+2)(x^2-2x+4)} = \frac{(A+B)x^2+(-2A+2B+C)x+4A+2C}{x^3+8}$$

$$\Leftrightarrow \begin{cases} A+B=0 \\ -2A+2B+C=0 \\ 4A+2C=1 \end{cases} \Leftrightarrow \begin{cases} A=1/12 \\ B=-1/12 \\ C=1/3 \end{cases} \Rightarrow \boxed{\frac{1}{x^3+8} = \frac{1}{12} \cdot \frac{1}{x+2} + \frac{1}{12} \cdot \frac{-x+4}{x^2-2x+4}}$$

$$\int \frac{-x+4}{x^2-2x+4} dx = \int \frac{\frac{1}{2}(2x-2)+3}{x^2-2x+4} dx = -\frac{1}{2} \int \frac{d(x^2-2x+4)}{x^2-2x+4} + 3 \int \frac{d(x-1)}{(x-1)^2+3} = -\frac{1}{2} \ln|x^2-2x+4| + \sqrt{3} \operatorname{Bgtan} \frac{x-1}{\sqrt{3}} + C$$

$$\text{e) } \int \frac{\sqrt{x}}{1+x} dx = \int \frac{t}{1+t^2} 2t dt = \int \frac{2t^2}{1+t^2} dt = \int \frac{2(1+t^2)-2}{1+t^2} dt = \int 2dt - 2 \int \frac{dt}{1+t^2} = 2t - 2 \operatorname{Bgtan} t + C$$

$$= 2\sqrt{x} - 2 \operatorname{Bgtan} \sqrt{x} + C \quad \text{Stel } x=t^2 \Rightarrow dx=2t dt$$

$$\text{f) } \int \cos^2 8x dx \stackrel{\text{Carnot}}{=} \int \frac{1+\cos 16x}{2} dx = \frac{x}{2} + \frac{1}{32} \sin 16x + C$$

$$\text{g) } \int \tan^3 3x dx = \int \tan^2 3x \cdot \tan 3x dx = \int (\sec^2 3x - 1) \cdot \tan 3x dx = \frac{1}{3} \int \tan 3x d(\tan 3x) - \int \tan 3x dx$$

$$= \frac{1}{6} \tan^2 3x + \frac{1}{3} \ln |\cos 3x| + C$$

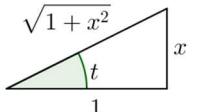
h) $\int \frac{\cot x + \csc x}{\sin x} dx = \int \frac{\cos x}{\sin^2 x} dx + \int \frac{dx}{\sin^2 x} = -\frac{1}{\sin x} - \cot x + C$

i) $\int \sec^4 x dx = \int \sec^2 x \cdot \sec^2 x dx = \int (1 + \tan^2 x) d(\tan x) = \tan x + \frac{1}{3} \tan^3 x + C$

j) $\int \frac{\sqrt{x^2 - 25}}{x} dx = \int \frac{5 \tan t \cdot \cancel{5 \sec t} \cdot \tan t}{\cancel{5 \sec t}} dt = 5 \int \tan^2 t dt = 5 \int \frac{1 - \cos^2 t}{\cos^2 t} dt = 5 \tan t - 5t + C$

$$= \sqrt{x^2 - 25} - 5 \operatorname{Bgs} \sec \frac{x}{5} + C \quad \text{Stel } x = 5 \sec t \Rightarrow dx = 5 \sec t \tan t dt \text{ en } \sqrt{x^2 - 25} = 5 \tan t \quad (x > 5)$$

k) $\int \frac{dx}{x \sqrt{1+x^2}} = \int \frac{\sec^2 t dt}{\tan t \sec t} = \int \csc t dt = -\ln |\csc t + \cot t| + C = -\ln \left| \frac{\sqrt{1+x^2}}{x} + \frac{1}{x} \right| + C$



Kan eventueel geschreven worden als: $-\ln \left| \frac{1+\sqrt{1+x^2}}{x} \right| + C = \ln \left| \frac{x}{1+\sqrt{1+x^2}} \right| + C$

Stel $x = \tan t \Rightarrow dx = \sec^2 t dt$ en $\sqrt{1+x^2} = \sec t$

l) $\int \frac{x^3}{\sqrt{4-x^2}} dx = \int \frac{8 \sin^3 t}{2 \cos t} \cancel{2 \cos t} dt = -8 \int (1 - \cos^2 t) d \cos t = -8 \cos t + \frac{8}{3} \cos^3 t = -4\sqrt{4-x^2} + \frac{1}{3} \sqrt{(4-x^2)^3} + C$

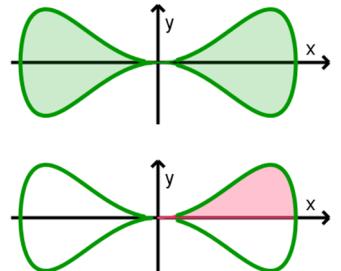
Stel $x = 2 \sin t \Rightarrow dx = 2 \cos t dt$ en $\sqrt{4-x^2} = 2 \cos t$

7. Je ziet de grafiek getekend van de kromme $\mathcal{K} \leftrightarrow y^2 = x^4 - x^6$.

Bereken de oppervlakte van het gebied dat deze kromme omsluit.

De kromme bestaat uit twee functies: $y = x^2 \sqrt{1-x^2}$ en $y = -x^2 \sqrt{1-x^2}$.

Deze functies hebben als domein $[-1, 1]$.



De oppervlakte kan berekend worden door vier keer de in rood aangeduide oppervlakte

S_1 te berekenen.

$$\begin{aligned} S = 4 \cdot S_1 &= 4 \int_0^1 x^2 \sqrt{1-x^2} dx \stackrel{*}{=} 4 \int_0^{\pi/2} \sin^2 t \cos t \cos t dt = 4 \int_0^{\pi/2} \sin^2 t \cos^2 t dt = \int_0^{\pi/2} \sin^2 2t dt = \int_0^{\pi/2} \frac{1-\cos 4t}{2} dt \\ &= \int_0^{\pi/2} \frac{1-\cos 4t}{2} dt = \left[\frac{t}{2} - \frac{\sin 4t}{8} \right]_0^{\pi/2} = \frac{\pi}{4} \end{aligned}$$

Stel $x = \sin t \Rightarrow dx = \cos t dt$ en $\sqrt{1-x^2} = \cos t$ (met $0 \leq t \leq \frac{\pi}{2}$). Als $x = 0$ is $t = 0$ en als $x = 1$ in $t = \frac{\pi}{2}$.